

Let's Do Lunch! January 2014

Monday	Tuesday	Wednesday	Thursday	Friday
		Holiday No Meals	Beef Vegetable Stew Green Beans w/Mushrooms Biscuit Fruit Cocktail 1% Milk	Teriyaki Salmon Wild Rice Oriental Vegetables Wheat Roll Sherbet 1% Milk
Carne Adovada Spanish Rice Mexi-Corn Flour Tortilla Cold Cinnamon Apples 1% Milk	Shepherd's Pie Cornbread Peas Fruit Cocktail 1% Milk	Meatball Sub Italian Vegetables Beets Chocolate Pudding Pear 1% Milk	Fish Nuggets Scalloped Potatoes Baby Carrots Wheat Bread Banana 1% Milk	Baked Chicken Ziti Asparagus Dinner Roll Warm Peaches 1% Milk
Denver Omelet Sautéed Potatoes Stewed Tomatoes Wheat Bread Cinnamon Applesauce 1% Milk	Beef Mac-n-Cheese Spinach Dinner Roll Chocolate Cake 1% Milk	Turkey and Rice Stew Green Beans w/Mushrooms Cornbread Apricots 1% Milk	Red Chile Beef Enchiladas Pinto Beans Corn and Red Peppers Rice Pudding 1% Milk	Hawaiian Tilapia Alfredo Pasta Carrot Coins Wheat Roll Pineapple Chunks 1% Milk
Holiday No Meals	Spaghetti w/Meat Sauce Zucchini Caesar Salad w/Dressing Wheat Roll Warm Apricots w/Cinnamon 1% Milk	Stuffed Bell Peppers Oriental Vegetables Biscuit Pears 1% Milk	Pulled BBQ Chicken Sandwich Red Potato w/Sour Cream Broccoli Mandarin Oranges 1% Milk	Pork Roast Mashed Potatoes w/Gravy Cauliflower w/Cheese Sauce Dinner Roll White Cake 1% Milk
Chicken Teriyaki Confetti Rice w/Vegetables Peas Dinner Roll Warm Pineapples 1% Milk	Frito Pie Corn Chips Mixed Vegetables Apple 1% Milk	Open Faced Ham & Swiss Sandwich Mashed Potatoes w/Gravy Spinach Fruit Cocktail 1% Milk	Tuna Casserole Glazed Carrots Wheat Roll Blueberry Crisp 1% Milk	Sweet and Sour Chicken Rice Pilaf Wheat Roll Warm Peaches 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread only upon request.